Emily M. Winters

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EDUCATION

2021 – Present	Doctor of Philosophy in Clinical Psychology University of Regina, Regina, SK Supervisor: Thomas Hadjistavropoulos, Ph.D. Title: A comprehensive examination of cannabis use in long-term care
2019 – 2020	Graduate Student in Clinical Psychology University of Regina, Regina, SK Supervisor: Thomas Hadjistavropoulos, Ph.D. Fast-tracking preparation for Ph.D. in Clinical Psychology.
2017 – 2019	Master of Science in Experimental Psychology Memorial University of Newfoundland and Labrador, St. John's, NL Supervisor: Nick Harris, Ph.D. Title: The impact of Indigenous identity and treatment-seeking intention on the stigmatization of substance use
2013 – 2017	Bachelor of Science (Honours) in Psychology Memorial University of Newfoundland and Labrador, St. John's, NL Supervisor: Kellie Hadden, Ph.D. Title: Effects of psychological distress and coping style on adaptation to disease in patients with multiple sclerosis

AWARDS & SCHOLARSHIPS

2022 - 2025	Vanier Canada Graduate Scholarship – CIHR (\$150,000)
2022 - 2025	Canada Graduate Scholarships: Doctoral – CIHR (\$105,000) [Declined]
2022	Vanier Doctoral Enhancement Award (\$7,000)
2020, 2021, 2022	Dean of Arts Building Dreams and Futures Scholarship (\$2,200)
2021	Clinical Psychology Graduate Student Award (\$2773.43)
2021	Faculty of Graduate Studies and Research Scholarly Award (\$500)
2021	Ph.D. Award (\$17,000)
2021	Saskatchewan Indigenous Mentorship Network Graduate Award (\$3000)
2021	SK-IMN Travel Award (\$107.35)
2020	Graduate Fellowship (\$17,000)
2020	SK-IMN Student Mentorship Stipend (\$500)
2019	Graduate Fellowship (\$12,500)
2019	Graduate Studies Indigenous Entrance Scholarship (\$6,300)
2018 - 2019	Canada Graduate Scholarship: Masters Award – SSHRC (\$17,500)
2017	Graduate Fellowship and Teaching Assistantship (\$11,000)

2016, 2017 Faculty of Science Dean's List

2016, 2017 NSERC Undergraduate Student Research Award (\$6,650)

CLINICAL EXPERIENCE

September 2023 – Present	Ph.D. Practicum, Wascana Rehabilitation Centre Saskatchewan Health Authority, Regina, SK Supervisor: Audur Thorisdottir, Ph.D., R. Psych
January 2023 – May 2023	Program-Sanctioned Hours, Private Practice QueensBridge Psychology Services, Regina, SK Supervisor: Chelsea Delparte, Ph.D., R. Psych
May 2022 – December 2022	Ph.D. Practicum, Private Practice QueensBridge Psychology Services, Regina, SK Supervisor: Chelsea Delparte Ph.D., R. Psych
January 2021 – September 2022	Program-Sanctioned Hours, Children's Healthy Heart Camp University of Saskatchewan, Saskatoon, SK Supervisor: Hilary Power, M.A.; Kristi Wright, Ph.D., R. Psych
January 2021 – June 2022	Program Sanctioned Hours, Exercise Suicidal Ideation Trial Anxiety and Illness Behaviour Lab, University of Regina Supervisors: Kelsey Vig, M.A.; Gordon Asmundson, Ph.D., R. Psych
September 2021 – April 2022	Ph.D. Practicum, Acceptance and Commitment Therapy Psychology Training Clinic, University of Regina Supervisors: Bridget Klest, Ph.D., R. Psych
January 2021 – September 2022	Program-Sanctioned Hours, Child Cognitive Assessment Psychology Training Clinic, University of Regina Supervisor: Kristi Wright, Ph.D., R. Psych
September 2020 – December 2020	Master's Internship, Student Wellness and Counselling Centre Memorial University of Newfoundland and Labrador Supervisor: Lester Marshall, M.Ed., R. Psych

RESEARCH EXPERIENCE

November 2021 **Research Assistant**, Health Psychology Laboratory

- Present University of Regina

Supervised by Dr. Thomas Hadjistavropoulos. Working with collaborators and interdisciplinary teams conducting research relevant to aging and pain. Involvement in all stages of research process (e.g., literature reviews, data collection, data analysis, publication of manuscripts).

May 2021 – Graduate Research Assistant, Registrar's Office

December 2021 University of Regina

Supervised by Mr. James Darcy (University of Regina Registrar). Co-led development of the University of Regina's Equity, Diversity, and Inclusion (EDI) policy for students. Involved meeting with stakeholders (executive leadership committee, student advocacy groups, institutional staff) to seek input and feedback on policy drafts, incorporating varied perspectives.

August 2018 – **Graduate Research Assistant**, Sleep, Health, and Wellness Lab *Memorial University of Newfoundland*

Supervised by Dr. Sheila Garland. Administered in-person and Telehealth assessments with women undergoing breast cancer treatment. Assessment measures included the Hopkins Verbal Learning Test-Revised, Letter Number Sequencing, and the Functional Assessment of Cancer Therapy-Cognition. Facilitated recruitment with oncologists at the Dr. H. Bliss Murphy Cancer Clinic to invite women newly diagnosed with breast cancer to take part in the study.

April 2017 – Summer Undergraduate Research Award (SURA) Student Researcher

August 2017 Memorial University of Newfoundland

Supervised by Dr. Nick Harris. Experiences included extensive literature reviews; revising manuscripts; and data entry and data analysis.

April 2016 – **NSERC Undergraduate Student Research Assistant**

December 2016 Memorial University of Newfoundland

Supervised by Drs. Christina Thorpe and Darlene Skinner. Experiences included independently performing neurosurgeries with rodent subjects; conducting a variety of psychological experiments with rodent subjects; managing rodent feeding and care; and drafting and editing manuscripts.

RESEARCH CONTRIBUTIONS

Peer-Reviewed Articles

- 1. **Winters, E.M.,** Rachor, G., Castillo, L., Tran, V., Caissie, D., Landry, C., & Klest, B. Considering the experiences of clinical psychology trainees with visible and invisible marginalized identities. (In prep).
- 2. McLennan, A., Winters, E.M., Gagnon, M., & Hadjistavropoulos, T. The state of the art in the pain assessment of the older adult. (In prep).
- 3. Tran, V., **Winters, E.M.,** Stroulia, E., Hadjistavropoulos, T. (2022). Implementation and evaluation of a pain assessment app and novel community platform for long-term care health professionals. *Aging and Mental Health*, 1-10. 10.1080/13607863.2022.2158307

- 4. Gallant, N., Hadjistavropoulos, T., **Winters, E.M.,** Ferre, E.K., & Wickson-Griffiths, A. (2022). Development, evaluation, and implementation of an online pain assessment training program for staff in rural long-term care facilities: A case series approach. *BMC Geriatrics*. 10.1186/s12877-022-03020-8
- 5. Harris-Lane, L., **Winters, E.,** & Harris, N. (2020). Emerging adult perceptions of cannabis use based on age and sex of user. *Emerging Adulthood*. 10.1177/2167696820930862
- 6. **Winters, E**. & Harris, N. (2019). The impact of Indigenous identity and treatment seeking intention on the stigmatization of substance use. *International Journal of Mental Health and Addiction*. 1-13. 10.1007/s11469-019-00162-6

Peer-Reviewed Abstracts (*Oral presentation, **Published abstract)

- 1. **Winters, E.M.** & Hadjistavropoulos, T. (October 2023). *Patterns and prevalence of medical cannabis prescriptions among long-term care residents*. Accepted for poster presentation at the Canadian Association on Gerontology Conference in Toronto, ON.
- 2. **Winters E.M.,** Knight, S., Kalchos, L., Chu, A., Lefebvre, D., Hinbest, C., Saleemi, S., & Jagnyziak, A. (June 2023). *Identifying and Addressing Justice, Equity, Diversity, and Inclusion (JEDI) Needs in Our Institutions: A Workshop for Students*. Workshop at the Canadian Psychological Association (CPA) National Convention in Toronto, ON.
- 3. Barriault, S., de la Roche, L., **Winters, E.M.,** Lazo, M., & Khoury, J. (June 2023). *Navigating Academia as a Psychology Student.* Panel Discussion at the Canadian Psychological Association (CPA) National Convention in Toronto, ON.*
- 4. Balsom, A. A., **Winters, E.M.,** Dollimount, A., Ly, M., Sander, B., Salimudden, S., Krakauer, R., & Adedun, A. D. (June 2023). *Developing an Anti-Racism Initiative: Perspectives from Graduate Students*. Conversation Session at the Canadian Psychological Association (CPA) National Convention in Toronto, ON.*
- 5. **Winters, E.M.** & Hadjistavropoulos, T. (October 2022). *Medical and recreational cannabis in long-term care: Findings from semi-structured interviews with residents, staff and families.*Poster presentation at the Canadian Association on Gerontology Conference in Regina, SK.
- 6. **Winters, E.M.,** Kalchos, L., Lefebvre, D., & Merkand, R. (June 2022). *Justice, Equity, Diversity, and Inclusion: A Workshop for Students*. Workshop presentation at the Canadian Psychological Association (CPA) National Convention in Calgary, AB.*
- 7. McLennan, A., **Winters, E.M.**, Gagnon, M., Hadjistavropoulos, T. (June 2022). *A systematic review of the psychometric pain assessment of the older adult*. Poster presentation at the Canadian Psychological Association (CPA) National Convention in Calgary, AB.

- 8. **Winters, E.M.**, Gallant, N., Hadjistavropoulos, T., Taylor, E., & Wickson-Griffiths, A. (June 2021). *Pain assessment in rural long-term care: An examination of staff perspectives*. Poster presentation at the Canadian Psychological Association (CPA) Virtual National Convention.
- 9. Winters, E., Garland, S. N, Rodriguez, N., Scurrey, S., Thoms, J., & Laing, K. (June, 2019). *A comparison of pre-treatment sleep and symptom profiles in age-matched breast and prostate cancer patients*. Poster presentation at the SLEEP Conference in San Antonio, TX.**
- 10. **Winters, E.**, Garland, S. N, Rodriguez, N. Scurrey, S., Thoms, J., & Laing, K. (May, 2019). *Gender differences in the sleep and symptom profiles of breast and prostate cancer patients*. Poster presentation at the Canadian Centre for Applied Research in Cancer Control (ARCC) Conference in Halifax, NS.
- 11. **Winters, E.**, Harris, N. (June, 2018). An examination of stigma toward Indigenous peoples and people unwilling to seek treatment who are struggling with substance use issues. Poster presentation at the International Congress of Applied Psychology in Montréal, QC.
- 12. **Winters, E.**, Hollett, K., Harris, L., Remedios, J., Harris, N. (June, 2018). *Dominant competitiveness as a predictor of problem video game play*. Poster presentation at the International Congress of Applied Psychology in Montréal, QC.
- 13. **Winters, E.**, Harris, N. (June, 2018). *The stigma of substance use and treatment seeking intention for Indigenous Canadians: Public perceptions from a Newfoundland sample.* Poster presentation at the Aboriginal Health Symposium at the Memorial University of Newfoundland and Labrador, St. John's, NL.
- 14. **Winters, E.**, Harris, N. (March, 2018). *Public perceptions of substance use and Indigenous peoples in Canada*. Oral presentation at Rising Up: A Graduate Students Conference on Indigenous Knowledge and Research at the University of Manitoba, Winnipeg, MB.*
- 15. Winters, E., Hadden, K. (May, 2017). Effects of premorbid psychological distress and coping on adaptation to disease in patients with multiple sclerosis. Poster presentation at the Science Atlantic Psychology Research Conference at Cape Breton University, Sydney, NS.

Non-Refereed Publications

- 1. **Winters, E.,** Chu, A., Knight, S., & Lefebvre, D. (2023). *10 Questions to consider justice, equity, diversity, & inclusion in your research.* Canadian Psychological Association Section for Students Newsletter, 18, 7-8.
- 2. **Winters, E.** (2023). *JEDI committee update* Canadian Psychological Association Section for Students Newsletter, 18, 5-6.
- 3. **Winters, E.** & Chu, A. (2022). *Justice, equity, diversity, and inclusion: Anti-oppressive book club*. Canadian Psychological Association Section for Students Newsletter, 16, 1.

- 4. **Winters, E.** (2021). Educational resources to increase personal awareness of Indigenous social and political issues. CPA Health Psychology and Behavioural Medicine Newsletter, 12, 2.
- 5. **Winters, E.** (2021). *Introducing: Emily Winters, the Equity, Diversity and Inclusion Executive*. Canadian Psychological Association Section for Students Newsletter, 15, 2.
- 6. **Winters, E.** (2021). *How to be an anti-racist researcher*. CPA Health Psychology and Behavioural Medicine Newsletter, 12, 1.
- 7. **Winters, E.** (2020). CIHR funds research testing the psychological benefits of culturally based doulas to support Indigenous expectant mothers. CPA Health Psychology and Behavioural Medicine Newsletter, 11, 2.

Invited Talks

- 1. **Winters, E.,** Psychology Graduate Students' Association (PGSA; June 2021). *The Anti-Racism Speaker Series: Relevance to Mental Health.* Oral presentation at the Phi-Lab Western Hub Conference: Place of Philanthropy in Community Mental Health. Regina, SK.
- 2. **Winters, E.** (October 2018). *The impact of Indigenous identity and treatment-seeking intention on the stigmatization of substance use.* Oral presentation in PSYC 6010: Colloquium Series in Psychology. Department of Psychology, Memorial University of Newfoundland and Labrador, St. John's, NL.

TEACHING EXPERIENCE

Teaching Assistant

1. Psychological Interventions I (graduate)

University of Regina, Winter 2022

2. Personality Psychology (undergraduate)

University of Regina, Fall 2021

3. Human Information Processing (undergraduate)

University of Regina, Winter 2021

4. Introduction to Clinical Psychology (undergraduate)

University of Regina, Fall 2020

5. Research Methods in Psychology II (undergraduate)

Memorial University of Newfoundland and Labrador, Winter 2019

6. Selected Topics in Abnormal Behaviour (undergraduate)

Memorial University of Newfoundland and Labrador, Fall 2018

7. Introduction to Psychology I (undergraduate)

Memorial University of Newfoundland and Labrador, Winter 2018

8. Introduction to Psychology II (undergraduate)

Memorial University of Newfoundland and Labrador, Fall 2017

9. Introduction to Forensic Psychology (undergraduate)

Memorial University of Newfoundland and Labrador, Fall 2017

Guest Lecture

1. Lifestyle, Health, and Wellness (undergraduate)

University of Regina, Fall 2021 (Psychological Health)

2. Lifestyle, Health, and Wellness (undergraduate)

University of Regina, Fall 2020 (Psychological Health)

3. Selected Topics in Abnormal Behaviour (undergraduate)

Memorial University of Newfoundland and Labrador, Fall 2018 (Factors influencing stigmatization of substance use)

SERVICE EXPERIENCE

May 2022 - Director of Operations, Anti-Racism Speaker Series Planning Committee, University of Regina

Responsibilities include leading weekly meetings and supporting all event planning activities (e.g., recruiting and meeting with potential speakers, securing funding, and reviewing promotional materials). Responsibilities also have included creating and maintaining signing authority on a bank account to manage speaker honorarium funds.

Sept 2020 – Graduate Student Mentor, University of Regina

April 2024 Provide a supportive relationship with a first-year clinical psychology graduate student. Mentorship topics may include program-related questions/concerns (e.g., coursework, comprehensive exams, thesis proposal, clinical practicum placements), questions about adjusting to living in Regina (if relevant), and work-life balance. First-year mentees may be paired with both a senior and junior Ph.D. student, ideally both of whom would be outside of their lab, to ensure students have a broad network of support.

Sept. 2023 – Past President, PGSA, University of Regina

Aug. 2024 Serving as Past President of the Psychology Graduate Students' Association. Responsibilities include providing support and guidance to the current President and attending PGSA meetings in the Fall and Winter semesters.

Sept. 2022 – **President, PGSA, University of Regina**Aug. 2023 Was elected President of the Psychology

Was elected President of the Psychology Graduate Students' Association. Responsibilities included facilitating PGSA meetings and gathering reports from executive officers, holding elections to fill vacant roles, creating the annual budget with the Treasurer and Vice President, and overseeing a "president's project." Responsibilities also included maintaining signing authority on the association's bank account.

Sept. 2022 – Mentor, Canadian Psychological Association Section for Students April 2023 – Established a mentoring relationship with a student member of the CP

Established a mentoring relationship with a student member of the CPA Section for Students who was pursuing graduate school in clinical/counselling psychology. Mentors were responsible for meeting with mentees approximately once per month and tracking mentorship topics. Mentorship meeting topics included social functioning, academic/program-related content, and incorporating EDI in our work as students.

July 2021 – Justice, Equity, Diversity, and Inclusion Executive, Canadian Psychological June 2023 – Association Section for Students

Was elected to serve a two-year term as the first JEDI Executive for the CPA Section for Students. Responsibilities included recruiting and managing a JEDI Committee of 5 undergraduate and graduate students in psychology, creating JEDI-relevant programming for the CPA Annual Convention, and preparing JEDI content to be shared to Student Section members.

April 2023 Associate Dean of Research and Graduate Studies Search Committee, University of Regina

Served as a graduate student representative on a search committee for the Faculty of Arts. Responsibilities included meeting with the search committee to develop interview questions, reviewing applications, and partaking in the candidate interview.

Sept. 2021 – Vice President, Psychology Graduate Students' Association, University of Regina

Responsibilities included attending PGSA meetings, taking and distributing meeting minutes, and developing the annual budget with the Treasurer and President.

Sept. 2021 — Canada Research Chair (CRC) Search Committee: Student Representative, May 2022 University of Regina

Served as a graduate student representative on the search committee for a CRC in Aging and Health. This included undergoing virtual anti-bias group training, reviewing and evaluating applications, participating in interviewing the applicants, and relaying feedback to the committee.

July 2020 – Event Coordinator, Anti-Racism Speaker Series Planning Committee, May 2022 University of Regina

Responsibilities include applying for various funding sources, researching potential speakers, contacting potential speakers, and scheduling, running, and coordinating events.

Sept 2019 – Undergraduate Student Mentor, The University of Regina Responsibilities include facilitating a relationship with an undergraduate student. This involves answering questions and providing resources pertaining to GREs, graduate April 2021

school, applying for funding, preparing for honours, creating curriculum vitae, and finding a supervisor.

Sept. 2019 – First-Year Clinical Representative, Psychology Graduate Students' Aug. 2020 — Association, University of Regina

Responsibilities in this role included representing and advocating for first-year Masters students in the clinical psychology program. This included attending and reporting any concerns during Psychology Graduate Student's Association meetings.

PROFESSIONAL DEVELOPMENT

October 2023 Intersectionality and Clinical Work: Virtual Anti-Racism Event

2-hour event hosted by Dr. Skyler Jackson, an Assistant Professor in the Yale School of Public Health, and Dr. Linda Iwenofu, an Assistant Professor in the Department of Applied Psychology and Human Development at the Ontario Institute for Studies in Education. Speakers focused on implementing intersectionality into clinical psychology practice and provided practical tips on how to integrate this in working with clients.

June 2023 Intersections of Race, Faith, and Queerness: Virtual Anti-Racism Event

2-hour event led by Samra Habib, a Queer Muslim writer, photographer, and activist. Samra is the bestselling author of the memoir "We Have Always Been Here." The talk focused on being a 2SLGBTQ+ ally year-round, connecting with faith as a Queer person, and their use of photography as an accessible language to talk about intersectionality.

January 2023 Racism and Fatphobia: Virtual Anti-Racism Event

2-hour event led by Sonalee Rashatwar, LCSW, M.Ed., an award-winning clinical social worker, sex therapist, adjunct lecturer, and grassroots organizer on the intersections of racism and fatphobia.

November 2022 Anti-Racism in the Wellness Industry: Virtual Anti-Racism Event

2-hour event led by Ms. Natalie Malone, a doctoral counselling student at the University of Kentucky and Dr. Karen Ragoonaden, the Associate Dean of Teacher Education within the Faculty of Education at UBC. Speakers focused on decolonizing wellness practices and the history of anti-racism within the wellness sphere.

June 2022 Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) Clinician Training.

Completed online comprehensive training from the U.S. Department of Veterans Affairs on the administration and interpretation of the CAPS-5.

May 2022 Anti-Racist Pedagogy: Virtual Anti-Racism Event

2-hour event organized by the Anti-Racism Speaker Series for the Department of Psychology at the University of Regina. The event was led by Dr. Michael Capello, a professor in the faculty of education who focuses on anti-oppressive pedagogies, and Dr. Andres De Los Reyes, a professor of psychology who focuses on diversity science issues.

March 2022 Anti-Racism 101: Virtual Anti-Racism Event

2-hour event with a panel of speakers included Mr. Hasan Hai, who is a community education and advocate, Dr. Alex L. Pieterse who is an expert in anti-oppressive practices, and Dr. Lori Campbell who is an Indigenous leader at the University of Regina.

November 2021 **Truth and Reconciliation in Everyday Practice: Virtual Anti-Racism Event** 2-hour event with Annie Batiste who is a Mi'kmaq woman and reconciliation consultant. She led a workshop designed for implementing reconciliation in everyday life.

June – July Relating Against the State: Decolonial and Anti-Imperialist Approaches to Gender/Sex/uality In/justice.

Summer session course facilitated by Adria Kurchina-Tyson and Dr. Sari van Anders via Queen's University. The course involved comprehensive weekly meetings and seminar discussions surrounding gender and sexuality and how these topics can be viewed through a decolonial lens. Attendees were primarily graduate students and clinicians from across the U.S. and Canada.

July 2021 Racism in the Covid-19 Pandemic: Virtual Anti-Racism Event

2-hour event with Dr. Veronica McKinny, Weiguo Zhang, Dr. Farah Mawani, discussing how racism intersected with public discourse on the COVID-19 pandemic.

May 2021 Decolonizing Evidence Based Medicine: Virtual Anti-Racism Event

2-hour talk by Jaris Swidrovich, activist, professor of pharmacy and nutrition, Ph.D. Candidate in Education, and Indigenous educator and mentor on decolonizing evidence-based medicine.

Feb 2021 Racism in the Community: Virtual Anti-Racism Event

2-hour event with a panel including Juliet Bushi, Latoya Reid, Dr. Funke Oba. Speakers discussed how racism exists in the community and the ways in which we can take a stand as anti-racist allies.

Oct 2020 Racism and Mental Health: Virtual Anti-Racism Event

2-hour event with a panel of speakers including Richla Davis, Tanya Turton, and Asante Haughton. Speakers discussed how to be an antiracist provider of mental health services and the ways in which racism impacts mental health.

March 2020 Interprofessional Education in Pain Management

Engaged in a full-day experiential learning opportunity in collaborative and interdisciplinary pain management.

January 2020 Building Research Relationships with Indigenous Communities (BRRIC)

Completed a half-day workshop developed by The Indigenous Peoples' Health Research Centre.

November 2019 Strategy for Patient-Oriented Research (SPOR) Training

Completed a full-day skill development workshop in conducting patient-oriented research. Saskatchewan Centre for Patient-Oriented Research.

October 2019 Interprofessional Problem-Based Learning (IPBL)

Took part in a two-session experiential learning opportunity on interprofessional competency and collaboration. Attendees were students at varying levels in their respective programs, all in health-related fields.

Sept. 2019 Assessing Suicide in Kids (ASK) Workshop

Completed a full-day workshop in suicide First-Aid, developed specifically for assessing suicide risk among child populations.

April 2018 Aboriginal Cultural Diversity Training

Completed a half-day workshop in cultural competency for working with members of Indigenous groups in Newfoundland and Labrador specifically. Offered through First Light (the former St. John's Native Friendship Centre).

June 2017 CPI Non-Violent Crisis Intervention Training

Completed a full-day training in de-escalating crisis situations, implementing safety interventions and best practices, and understanding defensive behaviours. Offered through the Crisis Prevention Institute.

January 2017 Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans Course on Research Ethics (TCPS 2: CORE)

Completed online training regarding ethical conduct for research with human participants.

June 2016 Applied Suicide Intervention Skills Training (ASIST)

ASIST is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

April – June Sexual Assault Crisis Intervention Training. Responsibilities include undergoing extensive t

Responsibilities include undergoing extensive training pertaining to basic counselling techniques, how to interact and counsel survivors of sexual assault and rape, relevant medical and legal information, and information on intimate partner violence, child sexual abuse, and adult survivors.

CERTIFICATIONS

Applied Suicide Intervention Skills Training Assessing Suicide in Kids (ASK) Training Applied Behavioural Analyst Training

CPI Non-Violent Crisis Intervention Training

Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans

Personal Health Information Act

PROFESSIONAL MEMBERSHIPS

2022 – Present	Section on Women And Psychology (SWAP) – CPA Section
2021 – Present	Clinical Psychology – CPA Section
2021 – Present	Health Psychology and Behavioural Medicine – CPA Section
2020 - 2022	Saskatchewan Indigenous Mentorship Network
2019 – Present	Psychology Graduate Students' Association
2019 – Present	Centre on Aging and Health Trainee
2019 – Present	Psychology Association of Saskatchewan
2017 – Present	Indigenous Peoples Psychology – CPA Section
2017 – Present	Students – CPA Section
2017 – Present	Canadian Psychology Association